“The CHEST Trainee Track gives me direction in navigating an otherwise extremely busy national conference. As a whole, CHEST is very beneficial for fellows to help them get involved.”

—Stephen Doyle, DO, MBA
Trainee Work Group Member
Welcome to The Trainee Track, your guide to the CHEST Annual Meeting 2018 in San Antonio, TX. Keeping with this year’s theme, Learn by Doing, we’re offering more hands-on sessions taught by multidisciplinary faculty that will help you optimize the clinical decisions you make.

This meeting is for you to expand your clinical knowledge, get hands-on training, and connect with chest medicine leaders.

Visit the CHEST 2018 blog to read insights from your leaders, colleagues, and other trainee attendees and start researching sessions at chestmeeting.chestnet.org.

We can’t wait to see YOU in San Antonio.

CHEST Events App

Download the CHEST Events App and create the best annual meeting experience for yourself! Review the entire schedule, search for specific sessions by track or speakers, explore maps of the convention center and San Antonio, and more.

Let’s get social!

Get connected with CHEST on our social channels, and stay updated with the latest in news at CHEST 2018 and throughout the year. Here’s how you can join in on the conversation.

- Follow hashtag #CHEST2018 on Twitter, Facebook, and Instagram to get the most up-to-date information from the annual meeting.
- Tune in to our Instagram story or Snapchat to get a behind-the-scenes look at sessions!
- Be sure to check out our live streamed sessions on Facebook Live!
- Join us live and in-person for our #pulmCC Twitter chat on Monday, October 8.
- Grab an “I Tweet” ribbon at the Help Desk to pin to your badge.
- Include your Twitter handle on your name badge.
- Be on the lookout for selfie spots to help you capture your favorite moments during #CHEST2018!
- Participate in daily social media contests for a chance to win special prizes!

If you would like to get involved or learn more about our social media efforts, contact Taylor Pecko-Reid at tpeckoreid@chestnet.org.

Social media contests will be announced soon—be sure to watch for an email from CHEST!
Learn by Doing

KEYNOTE SPEAKERS

Start your annual meeting experience off by attending the opening sessions to hear speakers share their stories that will enhance your training personally and professionally.

SUNDAY, OCTOBER 7
9:00 AM - 10:30 AM
Richard S. Irwin, MD, Master FCCP
My Journey to Patient-Focused Care and Lessons Learned Along the Way

Also featuring: Convocation Ceremony, Awards Ceremony, and President’s Address by John E. Studdard, MD, FCCP

MONDAY, OCTOBER 8
8:45 AM - 10:00 AM
Scott Zimmer
When Generations Connect: Leadership Across Generational Divides

Also featuring: CHEST Foundation Awards and Incoming President’s Address by Clayton T. Cowl, MD, MS, FCCP

Don’t miss these sessions chosen by your Trainee Work Group!

SATURDAY, OCTOBER 6
7:30 AM - 5:00 PM
(10784) Pulmonary Medicine 2018: Year in Review and Clinical Update

SUNDAY, OCTOBER 7
7:30 AM - 8:30 AM
(10609) Surviving Critical Illness: What happens after the ICU?
2:15 PM - 3:15 PM
(10304) What You Need to Know About Sleep for the Pulmonary Boards: Part I- Non-Respiratory Sleep

3:30 PM - 4:30 PM
(10211) What You Need to Know About Sleep for the Pulmonary Boards: Part II - Respiratory Sleep

4:45 PM - 5:45 PM
(10451) Innovative Uses of Ultrasound

3:45 PM - 4:45 PM
(10208) Pleural Disease Masterclass: Complex Pleural Effusion Management - Diagnostic and Therapeutic Dilemmas

SUNDAY, OCTOBER 7 - WEDNESDAY, OCTOBER 10
Various Times

Oral Case Report Presentations
Learn from your peers! Over twenty oral case report sessions will present the latest research in critical care, procedures, rare pulmonary diseases, and more. This is your opportunity to attend and support educational sessions by fellows, medical students, and residents.

SUNDAY, OCTOBER 7 - MONDAY, OCTOBER 8
Various Times

NetWork Featured Posters/Sessions and Business Meetings
CHEST NetWorks are one of the best ways to get involved and meet specialists in your interest areas. Each CHEST NetWork will host a meeting with either a featured speaker or poster on a topic within their area of focus. These meetings allow you to network with those who share the same clinical interests, join in on a discussion, and hear from leaders within the CHEST community. Search by event type “NetWork Featured Session” in the CHEST events app to learn more.

Whether you are looking to expand your knowledge and skills through clinical updates, state-of-the-art simulation, or latest research, we have created a list of can’t-miss events tailored just for you!
Trainee Recharge Lounge | Convention Center Room 211

Relax and connect with other trainee members and attendees in the Trainee Recharge Lounge. Trainees are invited to stop by to recharge, attend trainee-specific education sessions, and network.

Here’s a preview of the educational sessions you can attend in the Trainee Recharge Lounge.

**SUNDAY, OCTOBER 7**

1:00 PM - 2:00 PM  
Teaching in the ICU: Pearls and Pitfalls – APCCMPD Workshop

2:15 PM - 3:15 PM  
Academic or Community Physician Practices? An Honest Conversation

3:30 PM - 4:30 PM  
Billing and Coding for Young Professionals – Joint Clinical Practice Committee Workshop

**MONDAY, OCTOBER 8**

12:15 PM - 1:15 PM  
Trainee Luncheon: Balancing Fellowship Time and Overcoming Imposter Syndrome

1:30 PM - 2:30 PM  
Attending 101: The Guide to Getting Your First Job

3:15 PM - 4:15 PM  
How to Mold Your Job to Fit You: Secrets to Optimizing Your Career

**TUESDAY, OCTOBER 9**

10:45 AM - 11:45 AM  
Medical Student and Resident Career Development

2:30 PM - 3:30 PM  
Developing Your Brand: How to Use Social Media for Professional Networking

3:45 PM - 4:45 PM  
You’re Hired: A Crash Course in Negotiating Your First Contract

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**INTERACTIVE LEARNING**

**Virtual Patient Tours (VPTs)**  
Convention Center - Second Level

Visit self-directed VPTs for a museum-like tour through 2 distinct areas of study.

**Devices**  
Supported in part by an educational grant from GlaxoSmithKline.

Supported in part by an independent medical education program from Sunovion Pharmaceuticals Inc.

**Chronic Obstructive Pulmonary Disease**  
Supported in part by an independent educational grant from AstraZeneca Pharmaceuticals LP.

Supported in part by an educational grant from GlaxoSmithKline.

**GAMES**  
Convention Center - Parkview Foyer

Let CHEST bring your love of video games to the next level. CHEST GAMES (Games to Augment Medical Education) combine the fun of a traditional video game with the not-so-traditional adaptation of augmented reality, with a splash of learning on the side.

**Chronic Obstructive Pulmonary Disease**  
Whack-a-Doc  
Supported in part by an independent educational grant from AstraZeneca Pharmaceuticals LP.

Supported in part by an educational grant from GlaxoSmithKline.

**Pulmonary Arterial Hypertension**  
Phingo

PAH Jeopardy

PACman

Echo Eddy  
Supported in part by an independent educational grant from Actelion Pharmaceuticals US, Inc.

**Lung Cancer**  
NODAL Nemesis  
Supported in part by an independent educational grant from AstraZeneca Pharmaceuticals LP.

Supported in part by an independent medical education grant from Bristol-Myers Squibb.

**Additional**  
ASPIRATED!  
Air Diver

You Snooze, You Win

Pulmonary Adventures

Respiration Saturation!

**SPECIAL EVENTS**

**SUNDAY, OCTOBER 7**

12:30 PM - 1:00 PM  
Meet-Up: First Time Attendees  
Lila Cockrell Theatre Lobby

Are you attending the CHEST Annual Meeting for the first time? Meet other attendees who are in the same shoes. This informal networking event gives you the opportunity to network with others in your profession in a casual setting. We can’t wait to meet you!

**MONDAY, OCTOBER 8**

8:00 PM - 10:00 PM  
CHEST Foundation Young Professionals Reception (Invited Only)  
Acenar Restaurant on the Riverwalk

Trainees and young professionals, up to five years out of training, are invited to this reception hosted by the CHEST Foundation. Meet with your colleagues in a relaxed, social atmosphere, and let the foundation show their appreciation for your commitment to chest medicine. Invitations will be sent in early September.

**TUESDAY, OCTOBER 9**

6:30 PM - 9:00 PM  
NetWork Trainee Mixer/ CHEST Challenge Championship  
Marriott Riverwalk Alamo Ballroom A-D

Everyone is invited to attend! The evening will begin with the NetWork Trainee Mixer, with trainees especially encouraged to attend and meet with leadership to learn about NetWorks, the special interest groups of CHEST.

Then it’s game on! Cheer for your favorite team during the CHEST Challenge Championship. Fellow members competed in preliminary rounds in April, and now players from the top three teams will go head-to-head in a Jeopardy-style format. Watch the teams compete while challenging your own knowledge. Who will take the title this year? Come and find out.
Congratulations to our 2018 CHEST Challenge Top Teams, 2017 CHEST Challenge winners, 2017 Young Investigator Award winners, and 2017 Case Report winners.

Early Career Professional Development Scholarship
Congratulations to this year’s Early Career Professional Development Scholarship recipients. This scholarship offers select graduating fellows access to CHEST education offerings for one year.

Daniel LoVerde, DO, MS
Grace Peloquin, MD
Lekshmi Santhosh, MD
Meilinh Thi, DO

2018 CHEST Challenge Top Teams
The top three teams will compete in the CHEST Challenge Championship.

Top 3
Cleveland Clinic - Cleveland, Ohio
Emory University - Atlanta, Georgia
University of Michigan - Ann Arbor, Michigan

Top Scoring Teams
Albert Einstein Medical Center
Cooper Medical School of Rowan University
Maimonides Medical Center
San Antonio Uniformed Services Health Education Consortium (SAUSHEC)
Walter Reed National Military Medical Center
Temple University Hospital
University of Missouri

2017 CHEST Challenge Winners
1st Place: San Antonio Military Medical Center, San Antonio, TX
David Anderson, DO
Paul Hiles, MD
Tyson Stulun, DO
Program Director: Edward McCann, MD, FCCP
Jonathan Corren, MD – $250 winner
Aaron B. Holley, MD, FCCP – $250 winner
Anil Vachani, MD, FCCP – $250 winner
Abhishek Mishra, MD – $100 winner
David E. Ost, MD, MPH, FCCP – $100 winner

2nd Place: Maimonides Medical Center, Brooklyn, NY
Prarthna Chandar, MD
Shyam Shankar, MBBS
Mangalore Amith Shenoy, MD
Program Director: Yizhak Kupfer, MD
Jonathan Corren, MD – $250 winner
Aaron B. Holley, MD, FCCP – $250 winner
Anil Vachani, MD, FCCP – $250 winner
Abhishek Mishra, MD – $100 winner
David E. Ost, MD, MPH, FCCP – $100 winner

3rd Place: University of Toledo, Toledo, OH
Arjan Flora, MD
Aahd Kubbara, MD
Mohammad Taleb, MD
Program Director: Dawn-Alita Hernandez, MD, MSPH, FCCP
Jonathan Corren, MD – $250 winner
Aaron B. Holley, MD, FCCP – $250 winner
Anil Vachani, MD, FCCP – $250 winner
Abhishek Mishra, MD – $100 winner
David E. Ost, MD, MPH, FCCP – $100 winner

Young Investigator Award Winners
The Young Investigator Award is open to CHEST abstract presenters enrolled in a training or fellowship program or have completed a fellowship program within five years prior to CHEST 2017. Semifinalists were evaluated on the basis of their written abstract and their presentation at CHEST 2017.

Adam Przebinda, MD:
Analysis of a Hospital-based Multimodal Quality Improvement Intervention to Improve Recognition and Treatment of Sepsis – $500 winner
Roozehra Khan, DO, FCCP:
Growth in Social Media & Live-Tweeting at Major Critical Care Conferences: Twitter Analysis of Past 4 Years – $500 winner

Top 5 Slide Award Winners
Top five slide semifinalists were evaluated on their written abstract and quality of their presentation during CHEST 2017. The top three slide winners, based on the grade received during their presentation, will receive $250. All other semi-finalists will receive $100. All categories were eligible.

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Abhishek Mishra, MD – $100 winner
David E. Ost, MD, MPH, FCCP – $100 winner

Case Report Winners
The following case report slide winners presented the "Best Case" in their respective CHEST 2017 sessions. Each winner received a $100 prize.

Critical Care 1 | Christian Castaneda, MD
Critical Care 2 | Amin Pasha, MD, MBBS
Critical Care 3 | Anish Geevarghese, MD
Critical Care 4 | Lana Alghothani, MD
Diffuse Lung Disease | Lucian Marts, MD
Lung Infections 1 | Fuad Aleskerov, MD
Lung Infections 2 | Stephen Doyle, DO, MBA
Lung Infections 3 | Justin Chiam, MBBS
Student/Resident Lung Cancer | Taylor Myers, MD
Student/Resident Chest Infections | Julio Huapaya, MD
Disorders of the Pleura | Catherine Millender, MD
Student/Resident Lung Pathology | Andrew Lewis, DO
Lung Cancer 1 | Fady Youssef, MD
Lung Cancer 2 | Kevin Charles, MD
Lung Cancer 3 | Stephanie Guo, MD
Miscellaneous | Audra Fuller, MD
Pulmonary Manifestations of Systemic Disease | Aaron Lempkin, MD
Student/Resident Cardiovascular Disease | Tyler Church, MD
Student/Resident Critical Care | Ki-Yoon Kim, MD
Pulmonary Vascular Disease | Nicole Ruopp, MD

Youth Investigator Award Winners

Notes:

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Shyam Shankar, MBBS
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Program Director: Yizhak Kupfer, MD

3rd Place: University of Toledo, Toledo, OH
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CHEST 2019 takes place in the heart of NEW ORLEANS

Known for its round-the-clock nightlife, vibrant live-music scene and melting pot cuisine, you’ll be transported to the premier educational event in clinical chest medicine. Gather at CHEST 2019 to connect with the entire chest medicine teams at more than 150 sessions over five days. There’s always something to discover at www.neworleans.com.

Don’t miss these exciting opportunities to share your knowledge and skills and be part of this can’t-miss event!

- Submit a session idea for CHEST 2019. Submissions open in September.
- Submit an abstract or case report. Submissions open in January.
- Join the many teams that participate in CHEST Challenge. Online play for 2019 will begin in March/April.

October 19-23, 2019
New Orleans, Louisiana
Your **connection** at a **critical time.**

We’re glad that you have chosen chest medicine as your specialty. We strive to provide you with access to personal and professional growth opportunities tailored to your career level. Think CHEST - year round!

**Trainee Hub**

Resources tailored to trainees and those early in their career! Access suggested reading material, websites, and articles to help advance your knowledge of the field and participate in the CHEST community. Read other fellows’ experiences in the Life as a Fellow blog series.

Visit [chestnet.org/traineehub](http://chestnet.org/traineehub).

**Join a NetWork**

Looking to expand your professional network? We offer 22 NetWorks that focus on particular areas of chest medicine. Connect with others who have similar interests, help plan educational sessions, take on leadership roles, and more! NetWork membership is open to CHEST members.

Learn more at [chestnet.org/NetWorks](http://chestnet.org/NetWorks).

**Membership**

CHEST provides you a variety of learning opportunities to help you advance in your early career. Gain access to the journal *CHEST*®, join multiple NetWorks, work with influencers in the chest medicine profession, receive discounts on courses and products, and more.

Basic CHEST membership for fellows is $95 for one year. For a limited time you can save $25 and pay only $70. Use promo code **FELLOW70** during checkout.

Join today to get involved at [chestnet.org/join](http://chestnet.org/join).

**Yeehaw! SPECIAL THANKS** to the **Training and Transitions Committee** and **Trainee Work Group** for putting together these fellow opportunities at the CHEST 2018 Annual Meeting. Feel free to ‘get in touch’ with them now or at the meeting for more insight on trainee specific opportunities!

Think **CHEST** - year round!